

Kempsford

(with Whelford, Dunfield and Dudgrove)

Parish Newsletter

STAY HOME

PROTECT THE NHS

SAVE LIVES



May 2020

KEMPSFORD PARISH COUNCIL

Clerk: Teresa Griffin, Winterwood, Whelford, Fairford, Glos. GL7 4EB

Tel: 01285 713691 Email: clerk@kempsfordparishcouncil.net

www.kempsfordparishcouncil.net

Parish Councillors	Email	Tel.
Mr Tony Williams (Chair)	tonywilliams@kempsfordparishcouncil.net	01285 810628
Mr Jerry Stokes (Vice-chair)	jerrystokes@kempsfordparishcouncil.net	07834 369645
Mrs Christine Nugent	christinenugent@kempsfordparishcouncil.net	01285 810306
Ms Alison Ward	alisonward@kempsfordparishcouncil.net	01285 810273
Mrs Sue Griffin	suegriffin@kempsfordparishcouncil.net	01285 712979
Mr Mark Strange	markstrange@kempsfordparishcouncil.net	01285 810635
Mr Philip Nickson	philnickson@kempsfordparishcouncil.net	01285 810466

The Parish Council would like to thank all our amazing residents who have pulled together during this difficult time to help others in the community, through helping with shopping and collecting prescriptions, continuing to deliver this newsletter or just looking out for one another.

We all have to adapt and find new ways of doing things. The **Parish Council is looking to undertake ‘virtual’ meetings** through video software to ensure essential business such as planning and reporting can continue.

We have tried to include in this month’s newsletter useful information on help available and valuable services being provided to our community.

Take care and stay safe.

Kempsford Parish COVID-19 Community Support Groups

We have 2 Support Groups in the Parish helping those that are self isolating, high risk or having difficulty getting out of the house. Volunteers are assisting with picking up prescriptions, shopping and getting supplies etc.

For Kempsford residents, please contact Hannah Dickens on 07597625284 or see the [Kempsford COVID-19 Community Support Group](#) facebook page.

For Whelford residents, please contact Lindsey Knott on 07775 698265 or email whelfordwelfaregroup@gmail.com

There is help and support available, and we may all need it at some point.



A mobile traditional fish and chip van focusing on fresh, sustainably sourced quality produce. We look forward to welcoming you to try for yourselves.

By following government guidance for provision of takeaway food, we will continue with our service to the local community and will be at Kempsford Village Hall Car Park between 6pm and 8pm on –

Wednesday 6th May

Wednesday 20th May

Wednesday 3rd June

We are only able to offer order and collect from the van, so with this in mind please read the following:

- **We cannot accept pre-orders** for collection, please place your order when you get to the van.
- **We ask that you make payment via contactless card payment only, we will not be able to accept cash** at this time
- **We also ask that you fully respect** and abide by social distancing rules whilst waiting. Please ensure that you keep at least 2 meters away from other people who might be waiting at the same time as you.

Thank you so much as always for your continued support.



The Post Office operates from Kempsford Village Hall every Thursday between midday and 2pm

Take aways at The George, Kempford.

Main meals, Snacks, Puddings, a range of drinks and pizzas.

Open for take aways Tuesday-Saturday 12-2 & 6-9 and Sundays serving a good selection of roast dinners 12-3

We do get very busy so please pre order 01285 810236

ARKELL'S
THE GEORGE
Kempford

TAKEAWAY MENU

Available Tuesday -Saturday 12-2.30pm and 6-9pm

Baguettes- with salad garnish & crisps (chips £1 extra)

- *Honey roast ham & coleslaw £7.5
- *Prawn in seafood sauce £7.5
- *Mature cheddar, tomato & chutney. £7 (v)
- *Tuna mayo, cucumber £7
- *Maple smoked bacon, brie & cranberry £7.5

Starters/Smaller plates

- *Salt & pepper Squid- *sweet chilli sauce*- £5.5
- *Prawn cocktail-*crusty bread*- £6.5
- *Goats cheese, butternut squash & caramelised onion tart £6.5 (v).
- *Buffalo chicken wings- £6
- *Mac-n-cheese bites- *chilli jam*- £4 (v)
- *Chips/Onion Rings/Garlic bread- all £3 (add cheese 50p) (v)
- *Pork pie- *piccalilli*- £3 *
- Nachos- *jalapenos/cheese/salsa/sour cream/guacamole*£4.5 (v)

Main plates

- *Honey roast ham, 2 fried eggs, chips & peas £10
- Burgers- Brioche roll, lettuce, red onion & tomato, served with chips
- *Greek lamb burger, *feta cheese, harissa mayo, onion relish*- £12.5
- *Angus Beefburger. *Monterey jack, onion rings, dill pickle, Cajun relish*- £12
- *BBQ chicken burger, *Panko chicken breast, Bacon, bbq sauce & cheddar*- £12.5
- *Butternut squash & bean burger, *stilton & red onion marmalade*-£11.5 (v)
- *IPA battered fish & chips, *garden peas & tartare sauce*- £12
- *Homemade steak, ale & mushroom pie, *chips, fresh vegetables & onion gravy*-£12.5
- *Pulled beef & red wine lasagne, *salad & garlic ciabatta* -£11
- *Sweet potato, spinach & chick pea tagine, *lemon & coriander rice, flatbread*- £12 (v)
- *Chicken katsu curry, *panko coated breast, curry sauce, basmati rice, crunchy vegetable salad*- £12
- *Teriyaki pork fillet with stir-fried vegetable noodles, *prawn crackers & toasted sesame seeds*- £12.5

ARKELL'S
THE GEORGE

Kempsford

For the kids

*Mini battered cod fillet, chips & peas- £6

*Ham, egg, chips & peas- £6

*Breaded chicken breast goujons, chips & peas- £6

*Pasta tubes, cherry tomato & mascarpone sauce, garlic bread, parmesan- £6 (v)

DESSERTS

*Millionaires shortbread cheesecake- £6

*Orange & passion fruit tart- £6.5

*Cheese & biscuits, seasonal chutney & grapes- £8

Ice creams also available to takeaway in cones

SUNDAY ROASTS ALSO AVAILABLE FOR TAKEAWAY

PLEASE ASK FOR SELECTION OF MEATS WHEN CALLING

WE ALSO HAVE A WIDE VARIETY OF BOTTLED DRINKS AVAILABLE
TO TAKE AWAY, PLEASE ASK FOR OPTIONS

01285 810236

FOOD ALLERGIES & INTOLERANCES- PLEASE SPEAK TO A MEMBER OF STAFF
ABOUT THE INGREDIENTS IN YOUR MEAL WHEN PLACING YOUR ORDER

ARKELL'S

THE GEORGE

Kempsford

PIZZA MENU

All of our pizzas are handmade to order, so please give as much notice as you can so we can ensure we have enough fresh dough for you!

Margherita – homemade tomato sauce, mozzarella & cheddar cheese. £10 (v)

Pepperoni – homemade tomato sauce, mozzarella & cheddar cheese, double pepperoni £12

Veggie – homemade tomato sauce, mozzarella & cheddar, mixed peppers, sweetcorn, red onions, cherry tomatoes & olives £11 (v)

Hawaiian – homemade tomato sauce, mozzarella & cheddar cheese, ham, pineapple £12

BBQ Chicken – BBQ base, mozzarella & cheddar, chicken, smoked bacon, mixed pepper & red onion. £12

Goats cheese – homemade tomato sauce, mozzarella, goats cheese, spinach, cherry tomato, red onion, onion chutney, balsamic drizzle £12 (v)

Farmhouse chicken – homemade tomato sauce, mozzarella & cheddar, chicken, ham, mushroom, olives £12.

PLEASE CALL 01285 810236.

FOOD ALLERGIES & INTOLERANCES- PLEASE SPEAK TO OUR STAFF ABOUT THE INGREDIENTS IN YOUR MEAL WHEN PLACING YOUR ORDER.

ST MARY'S KEMPSFORD WITH ST ANNE'S WHELDFORD

Contact details for the parish

Rev Canon John Swanton - 01285 851309 or john@swanton.plus.com

Lay Preacher – Rob Mitchell 01285 712821

Church wardens: Elizabeth Emberson dizzylizzie@sky.com
or Keith Howlett - 01285 712268 keith.howlett1@btopenworld.com

CHURCH SERVICES FOR KEMPSFORD WITH WHELDFORD FOR MAY.

Though the church buildings remain shut, we as a church are still alive and functioning although in a different way.

The South Cotswold Team Ministry are providing several on line services

Every Sunday there is a recorded church service, taken by various ministers from the South Cotswold Team Ministry. Mike Stranks, Lay Reader, at Coln is responsible for the technical details and the services can be found at the following

<https://www.chqchurches.net>

Lechlade church is also providing live stream services to be found at

www.stlawrencelechlade.org.uk

The Diocese of Gloucester is also producing various live streamed service and sermons these can be found at

www.gloucester.anglican.org

In May, Rev Kim Brown will be inducted to serve in the parishes of Castle Eaton, Kempsford with Whelford, Meysey Hampton and Marston Meysey. She has provided a Booklet for Morning Prayer or compline with readings for each day of the week. A copy of this can be obtained by emailing rosemary.andrews@btinternet.com

The graveyards are still open but please use social distancing, ensure that you are careful about using the bins and opening and shutting the gate so as not to spread the infection. You should also be aware that there is no green bin collection at present so no way of disposing of plant wastage.

On the subject of bins. The black bin is for residual rubbish that cannot be recycled and the green bin should only be used for green waste ie no plant pots, cellophane and plastic wrapping or wreaths which have foam and wire in them. Since we are trying to be an ECO church I would also ask you not to use glass containers since they are easily broken by the animals and birds. The church has a small number of tall green plastic containers to be used instead. Contact a church warden if you would like one of these.

Funerals and cremations and the interment of ashes are still taking place but with stringent rules about numbers attending and social distancing.

Rev Canon John Swanton should be informed about any death that occurs in this parish.

If you know of anyone who is experiencing extreme hardship, please make them known, in confidence, to the church wardens. The church does have access to some funds which may be used to help people in need.



Fresh responsibly sourced fresh fish and seafood direct from the coast

A full range of essential and specialist foods
As well as seafood we carry an extensive range of specialist vegetables, French poultry, cheese, dairy, game and dry store essentials.

Deliveries to your doorstep

New Wave Seafood has been a supplier of sustainable fresh fish, seafood and fine foods to restaurants for over 30 years. With the current situation and to assist the general public we are offering a delivery service to your door throughout the Cotswolds, Oxfordshire and beyond. Order before 12 noon and delivery will usually be next day. We will email you on receipt of your order.

Please visit the online shop at -

<http://www.newwaveseafoodonlineshop.co.uk/>



Cotswold Community Wellbeing Service

07738 106384

Email at cws.grcc@nhs.net

The Cotswolds Community Wellbeing Service is a free and confidential service for people aged 16 and above. Our aim is to connect you to local services, organisations and groups that can help improve your general wellbeing and meet your wider social needs.

Who can we help?

Anyone over the age of 16 living in or registered with a Gloucestershire GP in the Cotswolds, can access the Community Wellbeing Service. Referrals can be made by a health or social care professional, a Voluntary and Community Sector Group, members of the community, as well as self-referral.

The service offers one-to-one support for individuals and also signposting or referrals to activities and groups in their area.

When can we help?

- in times of change, for example after redundancy, health issues or retirement
- in times of emotional hardship, such as after a bereavement
- if you are worried about debt or financial issues
- If you don't know where to turn for support if you would like to volunteer in your community

To make a referral either contact your GP surgery or GRCC on 07738 106384 or by email at cws.grcc@nhs.net



COTSWOLD DISTRICT COUNCIL

Garden Waste Bin Collection Suspended by CDC

We have had to suspend the garden waste service. We now have a shortage of staff and no longer have enough experienced drivers available for vehicles on all collection routes. Therefore we are suspending the garden waste service with immediate effect so we can prioritise drivers on the main (statutory) collection services.

All other collections are continuing as normal for the moment.

This reduction has proved necessary given the present unusual pressure on the service caused by the COVID-19 situation and the pressure on staff numbers as a result of self-isolation and other COVID-19 factors and thank you for your understanding.

Additional Advice on Garden Waste

Gloucestershire County Council has already closed the Household Recycling Centres (HRCs) so green waste cannot be taken there.

Please do not put garden waste in the black wheelie bin - excessive wet waste is a problem for the operation of the "Energy from Waste" (Javelin Park Incinerator) plant where all Gloucestershire's black bin waste goes. Garden waste in the black wheelie bin will not be accepted.

What can you do to help at this time?

Increase your home composting and/or reduce the amount of garden waste produced. Lawns are the usual problem - mowing less, planting more wildflower meadow areas, leaving more areas to grow long and only picking up the cuttings every other mow (which lets it dry on the ground before it goes in the compost) all help. If residents don't have a compost heap now would be an excellent time to start one.

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PARISH PLAY AREAS - CLOSED

A reminder that as per Government advice ALL play areas within the Parish are closed.

Please **DO NOT** use the playground equipment.



JUNE 2020 NEWSLETTER

Copy for the above Newsletter to Teresa Griffin by

MONDAY 25TH MAY 2020 PLEASE

Email: clerk@kempsfordparishcouncil.net



**FRIENDS OF FAIRFORD & LECHLADE
COMMUNITIES**
(Reg. Charity No: 1180059)



YOUR LOCAL CHARITY

Serving Fairford, Lechlade and the surrounding villages.

(Formerly The League of Friends of Fairford Hospital)

News and Information from your Community Friends

During these challenging times, as your local charity we are assisting the great efforts of both Fairford and Lechlade Councils in ensuring the vulnerable and isolated in our communities are supported. We have sent our Nursing team and Patient Transport contact details to all the local village co-ordinators, and our prescription delivery services are continuing, both surgeries have been advised that these are available.

Regrettably as we have already indicated the events planned in April/May have been cancelled: Quiz Night on 21st April and the House to House 20 April – 3 May

Lechlade Charity Shop is now closed in line with Government rulings.

Your support for our fund raising events is always appreciated. We look forward to re-scheduling events as soon as possible.

Due to the House to House fund raising event being cancelled if you would like to donate please do so via our website: www.friendsoffairford.org.uk or call our Administrator, Christine Barker on 07767 408409 to arrange how this can be done and we thank you in anticipation of your support.

For more information please refer to our website www.friendsoffairford.org.uk

Your continued support is very much appreciated

Graham Hewitt, Chairman

Friends of Fairford & Lechlade Communities

(Reg. Charity No: 1180059)

www.friendsoffairford.org.uk

Lechlade and District Lions Club

Due to the Coronavirus (Covid- 19) situation the Lechlade and District Lions Club have had to cancel all their forthcoming fundraising activities. We do, however, still hope to run our Open Water Lions Swim (OWLS) at Bowmoor Sailing Club on Saturday 1st August 2020. A decision on whether this event will take place will be made nearer the time when we are all a little clearer on what is possible in the longer term and taking Government guidance into account.

We will also continue to support as many causes and needs as arise financially as our limited resources will allow locally.

With so many of our forthcoming fundraising events being cancelled (and there was a lot planned which would have raised approximately £4000) we want to give the people the opportunity to donate. This will also enable us to keep the minibus running, not only now but also when things get back to normal. We can assure you that every penny received will go to supporting our usual charitable activities and specifically to provide help locally during this current crisis.

To donate please go to :-

https://uk.virginmoneygiving.com/donation-web/charity?charityId=1018920&stop_mobi=yes

Friends of Fairford and Lechlade communities nurses

We have decided that as well as the normal palliative care visits we make we would be happy to visit any vulnerable isolated people in the villages.

If any of you know anyone who would benefit from a nurse visit our mobile number is 07938244335.

Village Organisations & Useful Contacts

Church Wardens	Elizabeth Emberson	Email:dizzylizzy@sky.com	
	Keith Howlett		01285 712268
Church Choir	Mrs Cathy Stanford		713033
Church Bells	Iris Lewis		810770
Kempsford School	Mr Richard Mendum	(Head Teacher)	810367
Chairman of School Governors	Darren Jeffrey	chair@kempsford.gloucs.sch.uk	810875
Farmors School	Mr Matthew Evans (Head)		712302
Kempsford Village Hall Bookings	Kate Collins	villagehallbookings@kempsford.net	810478
Whelford Village Hall & bookings	Sue Griffin	374croft@gmail.com	712979
Kempsford Angling Club	Mr J Hussey		810446
Dance Classes at Kempsford V.Hall	Ms Gillian Shearing		01793 875934
Kempsford Brownies	Philippa Griffin	https://www.girlguiding.org.uk/	
Cricket	Anthony Axel-Berg		07766222951
Royal British Legion	Mr A Hill		810035
Soldiers, Sailors & Airman's Acc.(SSAFA)	Mr & Mrs A Hill		810035
Scottish & Southern Electricity			0800 072 7282
Thames Water			0800 316 9800
Non-emergency Police Contact			101
NHS 111 Service		(when less urgent than 999)	111
Environment Agency	Floodline—0845 9881188	General Enquiries -	03708 506 506
Bulk Refuse	(phone to book)		01285 623000
Highway Matters & Street Light Faults		highways@gloucestershire.gov.uk	08000 514 514
Kempsford Hand Bell Team (Beaubells)	Iris Lewis		01285 810770
Fairford Sports Centre			713786
Cotswold District Councillors	Steve Trotter	Steve.trotter@cotswold.gov.uk	07710 405323
	Stephen Andrews	Stephen.andrews@cotswold.gov.uk	01285 810663
Cotswold District Council			623000
Gloucestershire County Council			01452 425000
		Out of hours <u>Social Care issues only</u>	01452 614194
Gloucestershire County Councillor	Mr Raymond Theodoulou	raymond.theodoulou@gloucestershire.gov.uk	01285 752000
Constituency MP	Sir Geoffrey Clifton Brown	cliftonbrowng@parliament.uk	01242 514551
Parish Council Clerk (see Parish Council page for Councillors)	Mrs Teresa Griffin	teresagriffin@kempsfordparishcouncil.net	0781 8626158
Newsletter items	Mrs Teresa Griffin	As above	0781 8626158
Kempsford Website		www.kempsford.net	
Kempsford Parish Council Website		www.kempsfordparishcouncil.net	

Kempsford

Online



'Kempsford Village'
'Kempsford Mums & Dads'

Does your neighbour need your help?

With the Covid-19 virus affecting people across the country, your neighbour may need your help if they become unwell.

Can you help your neighbour by:

- ✓ Making sure they have enough food and other general supplies to cover a few days - **there is no need to panic buy though**
- ✓ Making sure they have some simple recipes to hand, if they are not the normal chef or have done some batch cooking for the freezer
- ✓ Walking their dog, picking up a prescription, putting out their bins or taking in a parcel
- ✓ Phoning, Skyping or facetimeing them so they can see a friendly face, helping to reduce their isolation
- ✓ Sharing child care or other caring responsibilities
- ✓ Checking if any of their planned appointments have been cancelled before they travel

For the latest on **Covid-19** visit www.nhs.uk